

Sportshall Athletics Trials – November/December 2018

Many thanks once again for completing the online entry form for the Sportshall Athletics Trials/Championships Event at 1. **Wells Cathedral School, Wells on Sunday 25th November 2018 and Yeovil College, Yeovil on Sunday 9th December 2018.** Please read the following information carefully and contact me if you have any questions.

Venue specific information can be found below.

On arrival each athlete will need to be registered, given a number (& pins) before the start, and we will collect the £6.00 entry fee at the same time - cash (**correct amount please**) or cheque made payable to "The Academy of Combined Events". If you wish to pay electronically please email me for our bank details and note that payment must be received the Friday before the Trials/Championship Event.

We have not collected any information about any particular needs your athlete may have, or about any medication they require. So let us know anything relevant when you register and also ensure they bring anything they require, such as inhalers.

Please ensure that your athlete is wearing 'typical' PE kit – shorts and tee shirt and is also wearing a pair of "clean" trainers, but bring something warm as sportshalls can often be quite cold. They will need to bring a drink (**no fizzy drinks please**) in a bottle with a sports top (not a screw lid), we don't want to spend time mopping up spilt drinks! Two and a half hours is quite a long time, so a banana or snack bar or two would help.

The event will be very friendly towards children and everything will be explained on the day. We will collect a significant amount of performance scores for all running, jumping and throwing events. This will help us decide who to select for the training days on Sunday 16th December 2018 and Sunday 13th & 20th January 2019, all at Yeovil College. [We will aim to contact you soon after the trials in Yeovil on the 9th December to let you know if your athlete has been selected for the training events.](#)

Those of you who attended last year will know how busy the event is and we have to make the most of the effort that everyone has made to travel to the venue. We would be very grateful for some volunteers who are willing to assist the coaches, who will be running the events, to measure and record jumps, throws and races.

We would also be grateful for any volunteers who are willing to enter data onto a spread sheet.

If you are willing to help out please let me know by email asap indicating morning or afternoon for Yeovil, or Wells, and any preferences. Any offers of help will be gratefully received and we can plan accordingly.

We look forward to seeing you all on 25th November or 9th December, meanwhile if you have any questions please do not hesitate to be in touch.

Finally, if for any reason your athlete is unable to attend please let us know as soon as possible by email, text or phone. If your athlete is unwell or injured it is not advisable for them to come along as experience shows that they are unlikely to perform at their best under such circumstances.

Venue Specific Information:

1. Wells Cathedral School, Wells:

The post code for Wells Cathedral School is BA5 2ST (see the attached map). Access to the sportshall is via College Road, which can be found about two thirds of the way along "The Liberty" travelling away from the City centre. Look for the gates on the right hand side, walk along the cobbled road, round to the right and you'll see the sportshall on your left. The entrance is at the far end on the left. Alternatively, from the Bristol Hill/Bristol Road end of College Road, walk down College Road and carry straight on where the road bears left. Look for the gates on the left hand side, walk along the cobbled road, round to the right and you'll see the sportshall on your left. The entrance is at the far end on the left. You are welcome to stay and watch but there is no seating. Please let us have a contact telephone number if you do not intend to stay and watch.

Parking: car parking spaces will be available in the Junior School playground: between building 1 and 2 on the map (see link to map on front page of website or go to the Sportshall page on the website: www.aceathletics.co.uk). This is approached by driving down The Liberty from New Street and turning left. There will be a sign just in the entrance.

If this is full, limited car parking is also available in the Stables Yard, between building 20 and 22 on the map. Carry on past the entrance to the Junior School playground and after 50m, turn left into the one way section of College Road. Turn right into the Yard after 50m.

Alternatively if you have any problems or you wish to park elsewhere, Wells has a number of pay an display car parks of which the Waitrose one may be the best option. Note that some car parks have a 3 hour maximum stay so please check.

Please aim to arrive no later than 09.45am.

2. Yeovil College, Yeovil:

The post code for Yeovil College is BA21 4DR. Please be aware that the Sportshall is just on the left hand side of the entrance from the A37, the Ilchester Road (before the roundabout at the bottom of the hill), parking is limited in this area but there ought to be enough. Note that we have split the day into two in order to make it more manageable and some of you will be attending the morning session from 10.00am - 12.30pm or the afternoon session from 1.00pm - 3.30pm. Athletes attending the morning session should arrive no later than 09.45am and those attending the afternoon session no later than 12.45pm - registration will not commence until the morning session has finished at 12.30pm. There are two viewing areas where you can watch if you wish to stay. Please let us have a contact telephone number if you do not intend to stay and watch.