

## **JUNIOR GIRLS' PENTATHLON – 'ENTRY STANDARDS'**

Over the past 3 years we have received 55, 74 and 63 entries in the Junior Girls' Pentathlon so, in order to ensure that numbers are manageable in this competition, the Somerset Schools' AA Executive Committee agreed last year that I should give you certain guidelines which should help when you are considering your **Year 8 and 9 JG Pentathlon entries**. The athletes do not have to have achieved each of the marks listed below but these performances would score about 1800 points for a Year 8 Junior Girl (finishing around 30<sup>th</sup> in the 2017 and 2018 competitions) and about 2000 points for a Year 9 Junior Girl (finishing around 25<sup>th</sup> in the 2017 and 2018 competitions):

<b><u>YEAR 8 GIRLS</u></b>	<b><u>EVENT</u></b>	<b><u>YEAR 9 GIRLS</u></b>
14.50	<b>75m Hurdles</b>	14.10
6m80	<b>Shot</b>	7m00
1m25	<b>High Jump</b>	1m30
3m90	<b>Long Jump</b>	4m10
2:55	<b>800m</b>	2:50

I'm sure you'll understand our motives here – **it might just mean you enter 2 or 3 athletes instead of the permitted 4**. Although we don't wish to deny keen young athletes the chance to compete, the Somerset Championships should not be viewed as a 'come and try it' competition if an athlete has never experienced Hurdles or High Jump for example, or has never run 800m.